

Health

The health page contains; fluids consumed, meals eaten, heart rates and weights. These statistics are recorded daily.
(Each page below opens in a new window)

July 12
Tumwater to Centralia

July 13
Centralia to Corvallis

July 14
Corvallis to Grants Pass

July 15
Grants Pass - No Ride

July 16
Grants Pass - No Ride

July 17
Grants Pass to Lakeview

July 18
Lakeview to Susanville

July 19
Susanville to Bridgeport

July 20
Bridgeport - No Ride

July 21
Pahrump

July 22
Kingsman

July 23
Kingsman to Phoenix

July 24
Phoenix

July 25

Phoenix to Show Low

July 26
Show Low to Gallup

July 27
Gallup - No Ride

July 28
Gallup - No Ride

July 29
Gallup to Farmington

July 30
Farmington to South Fork

July 31
South Fork to Colorado City

Aug 1
Colorado City to Garden City

Aug 2
Garden City to El Dorado

Aug 3
El Dorado to Sabetha

Aug 4
Sabetha to Kansas City